



NEWS RELEASE

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Leisure Services Director

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FOR IMMEDIATE RELEASE

City of Las Vegas August 2006 LEAGUES, SPORTS & SWIMMING (ALL AGES)

(All activities are subject to change. List is not all-inclusive. Call centers near you for complete list of classes and activities. Most activities require advance registration.)

Fencing (ages 16+)

Monday and Wednesday, 6:30 to 8 p.m.; Saturdays 10 a.m. to noon

Fee: \$35 per month.

Johnson Community School, 340 Villa Monterey, (702) 229-6175.

Free Doolittle Teen Volleyball (middle and high school students)

Fridays 6 to 8 p.m. and Saturdays 9 to 11 a.m.

Doolittle Community Center Gymnasium, 1950 North J Street, (702) 229-6374.

Wear gym shoes. Parent/guardian waiver required on first visit. Volleyballs provided.

Martial Arts for the Beginner (ages 4-9)

Wednesdays, 6:30 to 7:30 p.m.

Fee: \$15 per month

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

Martial Arts for Beginners and Intermediate Students

Mondays, Wednesdays and Fridays, 6:30 to 8 p.m.

Fee: \$15 per month

Doolittle Community Center, 1950 North J Street, (702) 229-6374.

Beginning Kickboxing (ages 13+)

Tuesdays and Thursdays, 6 to 8 p.m.

Fee: \$15 per month

Doolittle Community Center, 1950 North J Street, (702) 229-6374.

Jazzercise (ages 12+)

Monday, Wednesday and Thursday, 6:30 to 7:30 p.m.; Saturday, 9 to 10 a.m.

Fee: \$34 per month

Lied Community School, 5340 West Tropical Parkway, (702) 229-5072.

Sports Galore

Fees: vary; some are free with membership.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Dula offers bowling at Jerry's Nugget; pickle ball, table tennis, bocce, golf, paddle tennis, basketball, volleyball, hiking and weight training. Call for days and times.

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Youth Gymnastics (ages 18 months-14 years)

Days and times vary according to age and level of achievement.

Fee: \$29, \$34 or \$42, depending on age and class frequency.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

For beginners through Level 8 recreational gymnasts, includes tumbling, balance beam, mini trampoline, vault and uneven bars.

Free Bocce & Horseshoes Groups (ages 50+)

Bocce Mondays and Wednesdays, 10 a.m. to noon.

Horseshoes Tuesdays and Thursdays, 10 a.m. to noon.

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Free Open Table Tennis (ages 50+)

Monday through Friday, 12 to 2 p.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Mondays and Wednesdays, 9 to 11 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Mondays and Wednesdays, 8:30 to 11:30 a.m.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Free Paddle Tennis (ages 50+)

Mondays, Tuesdays and Thursdays, 7:30 to 9:30 a.m.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Free Hot to Trot Walking Club (ages 50+)

Monday through Friday, 6 to 7:30 a.m. Walking track is inside climate-controlled gymnasium.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Free Shuffleboard (ages 50+)

Last Thursday of each month, 9 to 11 a.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Low Impact Aerobics (ages 16+)

Mondays and Wednesdays, 6 to 7 p.m.

Fee: \$15 per month

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

Pickle Ball (ages 50+)

Tuesdays and Thursdays, 7:30 to 11 a.m.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Bring tennis shoes. All equipment supplied.

Outreach Sports (ages 6-11)

Fees: vary; most are free.

Citywide Youth Sports, 3074 Arville Street, (702) 229-1646.

Fun and safe recreation for children. Scheduled sports include wrestling, track and field, tennis, kickball, martial arts, cheerleading, whiffle ball, war ball, soccer, basketball and flag football. Locations and times vary. Call for information.

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Overnight Grass Volleyball Tournament (Coed 4 v 4; Men's or Women's Pairs)

Friday, Aug. 11, 9 p.m. to 5 a.m. Check in by 9 p.m. Play begins 9:45 p.m. Pre-register by Aug. 9.

Fee: \$100 per team, Coed 4 v 4 B and C/D divisions.

Fee: \$50 per team, Men's/Women's Pairs, A division only.

Centennial Hills Park, Elkhorn Road and Buffalo Drive, (702) 229-6307.

Call to pre-register by July 19. Bring coolers, picnics, beach chairs.

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